

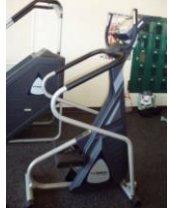
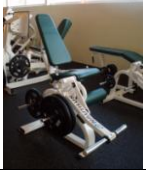





Lower Extremity Strengthening Flow Sheet

Exercise						
Walking on Track						
						
						
						
						
						
						
						
						

Brought to you by: Selena Horner, PT, MS, GCS, ATC at Red Cedar Physical Therapy

Printable form available at: www.redcedarphysicaltherapy.com